

# Educator Recharge Bingo Card

Summer 2025 Edition



Read a book JUST for fun!

Reflect on your proudest professional moment of the last year. Let yourself enjoy all you've accomplished.

Go for a walk without a destination.

Try a new hobby or craft.

Spend a whole day without a to-do list.

Visit a local farmer's market.

Have coffee (or tea) with a friend who lifts you up!

Take a nap in the middle of the day... just because you CAN!

Try a mindfulness practice of your choosing.

Listen to a podcast about something unrelated to education.

Spend time near water - ocean, lake, stream, pool, river, dance in the rain!

Read about a professional development topic you've been curious about, but haven't had time to do.

Design your own downtime activity!

Write/send a handwritten letter to someone you appreciate.

Try a new recipe - no pressure if it's imperfect!

Watch a favorite childhood movie or tv show. Get nostalgic!

Be a tourist in your own city - visit the zoo, a museum, or historical landmark.

Watch a sunset (or sunrise!)

Create something artistic - no rules, just creativity and play!

Take a "no phone" hour (or longer!)

Spend time having a picnic - backyard or any place you choose.

Celebrate a small, personal victory.

Say NO to something you truly do not want to do.

Do something that made you happy as a kid.

Plant something. Walk in the woods. Watch the birds. Enjoy nature!