

TEAM KENTUCKY[®]

CABINET FOR HEALTH
AND FAMILY SERVICES

SUPPORTING PARENTS, PROTECTING KIDS

KENTUCKY IS IN THE
TOP 5 NATIONALLY
FOR CHILD MALTREATMENT

- 14 out of every 1,000 children in Kentucky experienced some form of abuse or neglect in 2024
- Most child victims in Kentucky were younger than one year old

Child abuse prevention starts with supporting mental health and family wellbeing.

- When caregivers are overwhelmed, children are more at risk
- Stress, depression, and substance use can impact parenting
- Support makes a difference



BUILDING COPING SKILLS

- Engaging in therapy or support groups
- Joining supportive online communities
- Using grounding exercises
- Finding creative outlets
- Talking to friends and family who are supportive

Report abuse: (877) KY-SAFE1
Childhelp Hotline: (800) 4-A-CHILD

988 SUICIDE & CRISIS LIFELINE  **KY**

If you are feeling overwhelmed,
the **988 Suicide and Crisis Line** is here to help.
Call, text or chat 988 for free 24/7 assistance.

**CHILD ABUSE
PREVENTION
RESOURCES**



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